

## knit or crochet rectangles

The rectangles are sewn together to make blankets for children and babies whose families are in crisis. The blankets are donated to and distributed by Catholic Charities of West Michigan.



**Materials:** 4 ply worsted (medium) weight 100% acrylic yarn (such as Red Heart Brand)  
in any color that would be pleasing to children. The yarn must be washable.  
The blankets are usually edged in either white, ivory or black.

Size 8 needles are recommended.

- Pattern:**
1. Cast on anywhere from 22 - 30 stitches (or the amount of stitches that will measure 7" across). You can also adjust needle size up or down to get the correct size. You may need to cast on and knit a few rows to decide on the correct amount of stitches.
  2. You may knit or purl in any pattern you like. Stockinette stitch tends to curl so it would be best to avoid it. Seed stitch or any variation of it works very well as does garter stitch (knit stitch).
  3. Knit until rectangle is 9" long. The completed rectangle should be 7 x 9".  
Bind off and please weave your ends.
  4. You may then take your rectangles to church and put them in the basket labeled "knitting" in the coat room. We check the basket weekly.

**Please Note:** It is important for all rectangles to be made from the requested yarn and size of 7" x 9". It is difficult to assemble blankets from rectangles that are all different sizes.

We want to be able to use all of the donated rectangles because we know how hard you have worked.

### Optional

5. If you crochet, you may single crochet around the outside edge of the rectangle using either black, white or ivory yarn. Using a size G or H crochet hook. We crochet 19 stitches on ea short side of the rectangle with 3 additional sts. in each corner and 24 st. on ea long side. Please weave ends.
6. If you would rather crochet your rectangles that is fine too. We don't have a specific pattern to follow you would need to make the rectangle 7 x 9". Suggested hook sizes would be G or H and either single or double crochet or any pattern that's not too loose. If you like you may crochet around the edge (see #5. For directions).

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